



PARENT WORKSHOP

HILLINGDON MENTAL HEALTH SUPPORT TEAM (NHS)

TUESDAY 26th NOVEMBER
8:50 - 10:00 AM
at William Byrd school



Topic for discussion:

**How to manage challenging
behaviours and set effective
boundaries at home"**

We will cover:

- *Understanding your child's behaviour
- *Zones of regulation
- *Using positive reinforcement
- *Setting boundaries and consequences



Compassion



Respect



Empowerment



Partnership

